

**Respected SATSANG Families:** 

May 01, 2013

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We are very happy to announce 13th PATOTSAV of our Divine Darbar (Assembly of Divine Manifestations). Please plan to ACTIVELY PRTICIPATE in all these FESTIVALS.

## **SATSANG Center - UPCOMING EVENTS**

1. Gayatri Yagya & Pujan શ્રી ગાયત્રિ જયંતિ June 01 Sat @ 5:00 PM 2. PATOTSAV- પાટોત્સવ July 14 SUN @ 8 AM ALL DAY - NEW TIME! 3. Guru Purnima – શ્રી ગુરુ પુર્ણિમા July 21 Sun @ 5:00 PM 4. Shri Janmashthami Monthly Program Aug 24 Sat @ 5:30 PM 5. Shri Janmashthami – શ્રી পত্রমাড্টসী Aug 28 Wed @ 8 PM till Mid-nite 6. Ganesh Utsav - ગણેશ ઉત્સવ / વિસર્જન Sept 09 Mon to 18 Wed @ 7 PM 7. Shri Ganesh Bhajans Sept 14 Sat @ 5:30 PM 8. Navratri Mahotsav – નવરાત્રિ મહોત્સવ Oct 05 Sat to 13 Sun @ 7 to 9:30 PM 9. Sharad Purnima – શરદ પૂર્ણિમા Oct 18 Fri @ 7 PM **10. DIWALI APPRECIATION DINNER** Oct 27th SUN @ 3 PM - NEW Date Nov 03 Sat Govardhan Puja @ 5 PM. 11. Annakut Mahotsav અન્નકટ 12. JALARAM Jayanti જલારામ જયંતિ Nov 10 SUN @ 5 PM 13. TULSI VIVAH તુલસી વિવાહ Nov 16 Sat 11 AM 14. Geeta Jayanti & Unity of Religions Dec 14 Sat @ 5:30 PM



You are cordially invited to attend Spiritual and Practical Lectures in English with Swamiji that will enrich our lives. Youths are especially encouraged to attend.

## Sunday June 23<sup>rd</sup>, 2013 • 10 AM – 2 PM

## Topic: Living Successfully

(based upon Bhagavad Gita and Vedanta)

Swamiji ViditAtmananda

Lecture for 1.25 hours \* Followed by 1/2 hour Snack Break \* Plus, another Hour of Questions & Answer (Q & A) on Previously submitted Questions on Hinduism - Vedic Culture. Youth - Plz submit your Questions to satsangcenter1@yahoo.com

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This would include: Complete Package on Pranayam, MicroYOGA, Dynamic YOGA, Sun Salutation and A few but Important YOGA Postures related to Common Ailments, such as Diabetes, Back Pain and Weight reduction..

June 10th Mon to 14th Fri - Five days Time: 7 to 9 PM Contribution: \$100/-

Reported Benefits: With this YOGA Discipline, many people have been helped.... including Better Quality Sleep, Energetic, reduced Cholesterol, improving Kidney function, Thyroid, Weight Reduction, Back Pain, Hypertension ... and so on .....

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